QUESTIONNAIRE

This study is being conducted on breast cancer prevention. Your responses will be kept confidential. Your honest answer will be appreciated. Participation is not compulsory. Thank you for responding and for your time.

SECTION A: SOCIODEMOGRAPHIC CHARACTERISTICS

1. Age at last birthday (years): __________________________

2. Marital status:  
   (1) Single/never married  
   (2) Married  
   (3) Separated  
   (4) Divorced  
   (5) Widowed  
   (6) Cohabiting

3. Occupation:  
   (1) Doctor  
   (2) Nurse  
   (3) Pharmacist  
   (4) Laboratory staff  
   (5) Office staff  
   (6) Ward maid  
   (7) Cleaner  
   (8) Others (Pls. specify) ________________

4. Highest level of education  
   (1) No formal education  
   (2) Primary school completed  
   (3) J.S.S. completed  
   (4) S.S.C.E. completed  
   (5) Tertiary school completed  
   (6) Others (specify) ________________

SECTION B: KNOWLEDGE OF BREAST CANCER AND BREAST CANCER PREVENTION

5. Have you heard of breast cancer? (1) Yes  
    (2) No

6. What are your source(s) of information? Tick all that apply.  
   i. Books Yes/No  
   ii. Media (TV, Radio, Internet, etc) Yes/No  
   iii. Hospital Yes/No  
   iv. Lecture Yes/No  
   v. Conferences/seminars Yes/No  
   vi. Others (pls. specify) ________________

7. Has any member of your family been diagnosed of breast cancer?  
   (1) Yes  
   (2) No

8. If answer to the question above is yes, what is her relationship to you?  
   (1) Mother  
   (2) Aunt  
   (3) Sister  
   (4) Cousin  
   (5) Others (specify) ________________

SECTION C: KNOWLEDGE AND PRACTICE OF BREAST SELF EXAMINATION (BSE)

9. Have you heard of Breast Self-Examination (BSE)?  
   (1) Yes  
   (2) No

10. Do you know that BSE is a useful tool for early detection of breast cancer?  
    (1) Yes  
    (2) No

11. Have you been taught how to do BSE?  
    (1) Yes  
    (2) No

12. If answer to the question above is yes, who taught you?  
    i. Parents Yes/No  
    ii. Teacher Yes/No  
    iii. Doctor Yes/No  
    iv. Nurse Yes/No  
    v. Friend Yes/No  
    vi. Others (pls. specify) ________________
13. At what age should BSE be started?
   (1) From birth □  (2) From puberty □
   (3) From 20 years □  (4) From 30 years □
   (5) After menopause □  (6) No idea □

14. How often should BSE be done?
   (1) Daily □  (2) Weekly □  (3) Monthly □
   (4) Yearly □  (5) No idea □

15. What is the best time to do BSE?
   (1) During menstrual flow □
   (2) A week after period □  (3) During pregnancy □
   (4) During breast feeding □  (5) No idea □

16. BSE should be done by:
   (1) Doctor □  (2) Trained Nurse □
   (3) The individual □  (4) Others (Pls. specify)_________________

17. BSE is done by:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>i</td>
<td>Inspecting the breast in the mirror</td>
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<tr>
<td>ii</td>
<td>Feeling the breast with the hand</td>
</tr>
<tr>
<td>iii</td>
<td>Feeling the armpit with the hand</td>
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<tr>
<td>iv</td>
<td>Doing Ultrasound of the breast</td>
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<tr>
<td>V</td>
<td>Mammography</td>
</tr>
<tr>
<td>vi</td>
<td>Others (Pls. specify)_________________</td>
</tr>
</tbody>
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18. If you discover any abnormality during BSE, what will you do?
   (1) Pray over it □  (2) Do some lab. tests □
   (3) See a doctor □  (4) Do nothing □
   (5) Others (specify)_________________

19. What are the benefits of BSE?
   i. To be familiar with the breast texture □
   ii. Early detection of breast cancer □
   iii. Detection of any abnormal changes in the breast □
   iv. A good breast exercise □

20. Do you practice BSE?  (1) Yes □  (2) No □

21. If answer to the question above is yes, how often?
   (1) Weekly □  (2) Monthly □
   (3) Occasionally □  (4) Rarely □

22. If answer is no, why not? ____________________________

23. If you have been practicing BSE, have you ever discovered any abnormality in your breast?
   (1) Yes □  (2) No □
   (3) I have not done BSE before □

24. If answer to question above is yes, what did you do?
   (1) Prayed over it □  (2) Did some lab. tests □
   (3) Saw a doctor □  (4) Did nothing □
   (5) Others (specify)_________________

25. Do you think BSE is a good practice?  (1) Yes □  (2) No □

SECTION D: KNOWLEDGE AND PRACTICE OF CLINICAL BREAST EXAMINATION (CBE)

26. Have you heard of Clinical Breast Examination (CBE)?
   (1) Yes □  (2) No □

27. Do you know that CBE is a useful tool for detection of breast cancer?
   (1) Yes □  (2) No □

28. CBE should be done by
   (1) Doctor □  (2) Trained Nurse □
   (3) The individual □  (4) Others (Pls. specify)___________

29. CBE is done using:
   (1) Ultrasound □  (2) Mammography □
   (3) Hand □  (4) Others (specify)___________

30. How often should CBE be done?
   (1) Daily □  (2) Weekly □  (3) Monthly □
   (4) Yearly □  (5) When abnormality is found on BSE □
   (6) No idea □

SECTION E: KNOWLEDGE AND USE OF MAMMOGRAPHY

31. Have you heard of mammography?
   (1) Yes □  (2) No □

32. Is mammography a useful tool for the early detection of breast cancer?
   (1) Yes □  (2) No □  (3) Don't know □

33. At what age should mammography be started?
   (1) From birth □  (2) From puberty □
   (3) From 20 years □  (4) From 40 years □
   (5) After menopause □  (6) No idea □

34. How often should mammography be done?
   (1) Weekly □  (2) Monthly □
   (3) Yearly □  (4) Every three years □
   (5) When a lump is found on BSE or CBE □
   (6) No idea □

37. Have you ever done a mammography?
   (1) Yes □  (2) No □

38. If no to question above, why not?
   (1) Not old enough □  (2) Financial constraint □
   (3) Mammography not available □
   (4) Others (please specify)___________________

Thank you very much for your time and effort. It is very well appreciated.